



Safety First knows what Safety Directors need for Safety.



Safety First Provides Sleep Apnea Solutions.

Treating Sleep Apnea...
Reduces Accidents...
Reduces Insurance Costs!

877-728-9229

What is SLEEP APNEA?

Sleep Apnea is a common but serious condition. With Obstructive Sleep Apnea, the soft tissues of the upper airway collapse repeatedly during rest or sleep. As a result, you are unable to get enough air which decreases the amount of oxygen in your lungs and blood. Normal breathing resumes with gasping or choking sounds.

Sleep apnea causes interruptions in normal sleep patterns which cause higher risks for excessive daytime sleepiness, work-related accidents and other medical problems.

Safety First Sleep Solutions makes it quick and convenient for Occupational Health and Safety Directors to test and treat employees.

SIGNS & SYMPTOMS:

- Reduced Alertness
- Fatigue
- Trouble Concentrating
- Memory Loss
- Mood Changes
- Morning Headaches
- Loud Snoring
- Stop Breathing During Sleep
- Gasping or Choking While Sleeping
- Waking Frequently

CONSEQUENCES:

- Decreased Work Performance
- Increased Risk for On-The-Job Accidents
- Increased Health Care Costs
- Untreated Co-morbidities, such as:
Risk of Diabetes, High Blood Pressure,
Risk of Heart Attack, Obesity, and
Mental Impairment and more.

There are thousands of people suffering from Obstructive Sleep Apnea that go undiagnosed each year. Many are a potential risk to themselves, coworkers and the general population.

Find us on Facebook



<http://www.facebook.com/safetyfirstsleepsolutions>
email: safetyfirst@bms1.com

www.safetyfirstsleepsolutions.com

Scan code with your iphone or smartphone.



sfss-web



Safety First Sleep Solutions
300 North State Street - Suite 100
Girard, Ohio 44420
1-877-728-9229
Fax: 1-877-722-7501

Safety First Sleep Solutions offers the first “Anywhere You Want To Sleep” sleep study:

The “Anywhere You Want To Sleep” sleep study is our specialty! Our sleep study meets the same criteria as those used in traditional sleep labs. And, our simple and effective sleep study can be performed in the comfort and privacy of an employee’s own home.

Employees no longer need to report to a sleep lab, where interrupted sleep or sleeping in an unfamiliar bed or environment, could affect the outcome of a sleep study.

SFSS uses the *ARES™* sleep monitor that registers an employee’s sleep activity automatically. Data from the sleep monitor is then evaluated by a Board Certified Sleep Physician and if diagnosed with OSA (Obstructive Sleep Apnea), SFSS can provide the employee with the appropriate CPAP equipment and therapy.

SFSS Provides These Services:

- **Pre-Screening for Sleep Apnea.**
- **Home sleep test - easy, private, flexible.**
- **Board Certified Sleep Physicians.**
- **Quick results & interpretation.**
- **24 hour - 7 day emergency customer service.**
- **The “Anywhere you want to Sleep” sleep study.**

Safety First Sleep Solutions is a leading provider of Sleep Apnea Testing, Equipment & Supplies:

SFSS is a nationwide leader in Sleep Apnea testing and treatment. We are dedicated to serving the needs of companies and understand the issues Safety Directors have. Safety First has a team of Sleep Therapy experts, including Board Certified Sleep Physicians and Respiratory Therapists. SFSS has developed medically sound and cost effective sleep apnea testing procedures and treatments for any industry.

SFSS has built a solid reputation by being truly dedicated to the people of the community and their health needs. We actively participate in support groups that are organized through the American Sleep Apnea Association.

One of the most important concepts of our effective treatment plan is the confidentiality of information. We make sure that your employees understand that talking to us is no different than talking to their physician. We encourage open, honest communication about any issues involving their medical conditions.

Our sleep therapy experts can review and offer the best testing and treatment program fit for your safety program.

Safety First Sleep Solutions offers affordable, low cost testing and treatment solutions for Sleep Apnea. Our Sleep Therapy Experts are on standby 24/7 to assist and keep your employees on track to quality sleep and a healthier and productive life. Call 877-728-9229.

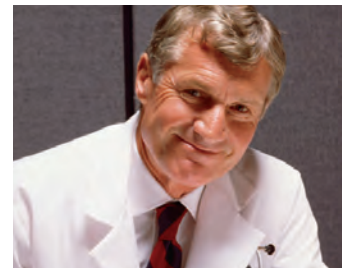
Safety First Sleep Solutions will work with your Safety department:

SFSS will provide your company with the information needed to educate your employees on the importance of testing and treating OSA (Obstructive Sleep Apnea) issues. We can work with your safety department, your company physicians, or any other necessary personnel. We offer low cost testing and treatment solutions.

We understand the importance of keeping your employees healthy and productive. We also recognize that treating sleep apnea can increase productivity and reduce accidents which in turn reduces your insurance costs.



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Reasons For Testing:

- Companies are starting to incorporate the diagnosis and treatment of disorders such as sleep apnea into their health and wellness programs to mitigate the risks associated with sleep deprived workers.(1)
- Risks range from safety concerns to productivity and management issues that can arise with absenteeism in almost any industry.(1)
- Daytime sleepiness affects how a person feels and performs daily tasks. It is difficult for these people to perform their jobs well, decreasing productivity, putting them and their colleagues at risk for accidents.(1)
- A decline in excessive daytime sleepiness can lower both error rates and potential liability from accidents.(1)

(1)Occupational Health & Safety Magazine, July 2011 - "Sleep Apnea Causes & Solutions" authored by Paul S. Valentine and Larry Epstein.